



FACING HISTORY AND OURSELVES

- [The Racist Roots of American Policing: From Slave Patrols to Traffic Stops](#)
This piece from *The Conversation* explores the oft-neglected origins of modern American policing in antebellum-era slave patrols.
- [MappingPoliceViolence.com](#)
This resource addresses gaps in city-reported data to provide what is thought to be one of the most complete accounts of police killings in the United States. This data has been utilized by researchers at institutions including the [Harvard T. H. Chan School of Public Health](#), [University of Pennsylvania](#) and [Indiana University](#).
- [“When Police Brutality Has You Questioning Humanity and Social Media is Enough”](#)
Psychiatrist Dr. Imani J. Walker outlines a number of measures that people of color can take to promote their well being in the wake of police violence happening in our own communities and elsewhere.
- [How to Raise a Black Son in America](#)
This acclaimed TED talk by writer and academic Clint Smith explores the unique challenges inherent in black parenting, as well as some of the broader implications of being black in the United States.
- [Between the World and Me](#)
Ta Nehisi-Coates’ acclaimed work blends memoir and searing criticism to give voice to the history and present reality of anti-black racism in the United States, as well as a vision of what the future of this country could be.
- [75 Things White People Can Do for Racial Justice](#)
A list of actions that white people can take to counter anti-black racism as it manifests in contexts ranging from city governments to one’s own interpersonal practices and approaches to childrearing.
- [The Conversation We Must Have with Our White Children](#)
Courtney E. Martin, author of *The New Better Off: Reinventing the American Dream*, offers concrete suggestions to parents about how to raise white children with an awareness of racism, and cultivate their sense of responsibility for challenging it within themselves and the world around them.
- [White Fragility: Why it’s So Hard for White People to Talk About Racism](#)
Robin DiAngelo’s acclaimed book offers a wealth of tools and mental models that white people can use to unlearn racism and embrace new modes of engaging with people of color.